

Alumni Newsletter

Feb.2019

Dean's Message

Dear Alumni

Warm greeting From Iran, Tehran,

This is our first message in regards with the plan we are going to start which is a continuous series of School of Nursing and Midwifery Alumni Newsletter, which will be sent out to you twice a year.

We believe it is an efficient way of being in touch with you and keeping you informed about what we do and what is happening here in School of Nursing and Midwifery after your graduation.

In each newsletter we will inform you on the school's events, professors and other items which are of your interest. Also we would like to hear from you and your current situation, work path, scientific achievement, opinions and ideas and the steps you have taken to reach your goals in your countries applying your degree.

This newsletter aims at all graduates, including undergraduates and postgraduates.

We look forward to hearing from you and your achievements, experience memories and questions.

So please do not hesitate to write for us.

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TEHRAN UNIVERSITY
OF
MEDICAL SCIENCES

School of Nursing & Midwifery

Welcom

Anyone who is graduated of school of nursing & midwifery is a part of the School's history and its traditions and we believe that we should take pride and pleasure in what our alumni achieve.

This first newsletter is intended to establish better links with our graduates and to involve them more closely in the life of the School.

We like to think that there will be thousands of alumni with happy memories of the time they spent in nursing school and who might wish to return to the School and take part in some of its activities.

History of

School of Nursing and Midwifery

In 1936, School of Nursing and Midwifery, Tehran University of Medical Sciences, began its activity as a high school of nursing, in training of skilled nurses, at degree level with the permission of the Ministry of Culture. In 1987, after the Cultural Revolution, according to ministry of health, several nursing and midwifery colleges were blended. Then it was changed to "The School of Nursing and Midwifery, Tehran University of Medical Sciences". Now, school of Nursing and Midwifery is considered, one of the best nursing and midwifery schools, in Iran.

With the help of experienced scientific faculty board, and educational facilities similar to advanced centers in the world, this school strives to train graduates in bachelors, master and PhD degree in nursing and midwifery courses. It wants to take effective steps, toward developing and improving society's health, generated knowledge, creativity and innovation with an emphasis on, Islamic ethics. In 2014, this school won a two-star business excellence in the health sector of the National Productivity and Excellence Award.



The Oldest, The Biggest, the First distinguished school among all nursing in Iran



The School of Nursing and Midwifery, Tehran University of Medical Sciences with its rich history, is a distinguished nursing school among all nursing schools in Iran and in the region. It is situated in one of the oldest university campuses at the heart of Tehran, next to Imam Khomeini Hospital Complex. Established in 1936, it is proud of its history of more than 70 years of nursing education and its pioneering position in nursing and midwifery research. The nursing education program in the school began as a two-year hospital based diploma then expanded to a three- year Bachelor's degree program in nursing. Furthermore, it steadily developed over the years and included a wide range of undergraduate and graduate programs. The history of this gradual improvement is as follows:

- *A four-year Bachelor of Science degree in Nursing and Midwifery (1963)*
- *A Master of Science degree in Nursing (1975)*
- *A Master of Science degree in Midwifery (1988)*
- *A Master of Science degree in anesthesia (1989)*
- *A PhD in Nursing (1999)*
- *A PhD in Reproductive Health (2006),*
- *A Master of Science degree in Critical Care Nursing (Adult) (2008)*
- *A Master of Science degree in NICU (2009)*
- *A Master of Science degree in Geriatric Nursing (2011)*

Today, there are more than 817 undergraduate and graduate nursing and midwifery students and 86 academic faculty members. The influence of this school in virtually all national and regional nursing and midwifery events is undeniable.

Interview

Please introduce yourself and tell us which year did you come to study in Iran? Why did you choose Tehran University of Medical Sciences to continue your education? Why did you choose this course?

Hello. I am Fatemeh Mohammad Ibrahim from the United Arab Emirates. I came to Iran in 2005 to study BSc midwifery and graduated from the University of Isfahan. Since then, one of my hopes was to enter one of the universities in Tehran. At the final year of my study I was working on an article related to aromatherapy in pregnancy and reflexology with my twin sister who was also doing BSc midwifery. Among our searches, we encountered the name of Tehran University of Medical Sciences that accept international student. I got the number from the website and arranged to come to Tehran and visit the University, and one of its 11 school which was nursing and midwifery school. We applied for MSc in midwifery with an interest in the mother and child health at Tehran school of Nursing & Midwifery, because the program covers a family in all aspects of health. Thanks to God, we got accepted and we began our study in the school. During our study, our classmates were very helpful and we found good friends.

What made you to continue your study in Iran?

Iran is a Muslim country and has strong position in medical sciences, especially the Tehran University of Medical Sciences. Its close proximity to my country was another reason for choosing Iran, since we only have 2 hours of flight.

Have you acquired experience in Iran that you can use in your country?

Sure. We studied and worked with well-trained and educated professors. We learned the best methods of interviewing, treatment and diagnosis, and also I will be applying number of health-promoting ideas and strategies that I have learned in my country and serve my beloved people.

5. Have you enjoyed the university's facilities and services like dormitory?

Yes, and I would like to thanks the personnel who cared for us at the dormitory. I would particularly like to thank Ms. Shahbazi and Mrs. Kia, as they



never left us alone and made lots of effort so that we did not feel alone and distant from our family.

The university has selected a dormitory in a special building and a nice and peaceful area for international students. Initially, we were only 7 female students, of whom 3 were from Iraqi Kurdistan who were doing PhD program, and two sisters were from Afghanistan who were doing bachelor's degree. But now, the number of female students at different levels of undergraduate and postgraduate degrees in different discipline from different countries has risen considerably.

Tehran University of Medical Sciences is one of the hardest universities to get into for Iranian students. How was this condition for you?

Yes, sure. The university only accepts students with high marks and selects students by conducting an interview. As Iranian students, we are also stressed when completing and filling out the forms to check our credentials. We had some students who were unable to complete their program and withdrew from the program due the difficulty of studying at this university.

Do you have any plans to pursue postgraduate education in Iran?

I would like to return to my country with a PhD degree; because we are familiar with the atmosphere of the university, the faculty, the hospital and the morale of the Iranian people, so it will be easier for us to study here.

Do you have anything else to say?

In the end, I would like to thank my dear parents, my dear brothers and sisters, and all the distinguished professors and dear friends who have helped us in our study and have not left us alone. I finish my interview with this sentence: "Avoid those who try to make your dreams small and worthless. Little people make others' dream small, but great people tell you that you can be great too."

Thank you



***Authorised by:
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We hope that you have enjoyed this edition of Alumni Newsletter . If you have announcement, notices or suggestions for editorial pieces for the next issue of Newsletter, please contact us:
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