NANDA NURSING DIAGNOSIS

**Activity/Rest-** ability to engage in necessary/desired activities of life (work and leisure) and to obtain adequate sleep/rest
- Activity intolerance
- Activity intolerance, risk for
- Disuse syndrome, risk for
- Divisional activity, deficit
- Fatigue
- Insomnia
- Mobility: bed, impaired
- Mobility: physical, impaired
- Mobility: wheelchair, impaired
- Sedentary lifestyle
- Sleep deprivation
- *Sleep pattern disturbed
- Sleep, readiness for enhanced
- Transfer ability, impaired
- Walking, impaired

**Circulation-** ability to transport oxygen and nutrients necessary to meet cellular needs
- *Bleeding, risk for
- Cardiac output, decreased
- *Tissue perfusion, decreased cardiac tissue, risk for
- *Tissue perfusion, ineffective, cerebral, renal, risk for
- *Tissue perfusion, ineffective, renal, risk for
- *Tissue perfusion, ineffective gastrointestinal, risk for
- Tissue perfusion, ineffective, peripheral
- *Shock, risk for

**Endo-**
- Blood glucose, risk for unstable

**Elimination-** ability to excrete waste products
- Bowel incontinence
- Constipation
- Constipation, risk for
- Constipation, perceived
- Diarrhea
- *Motility, dysfunctional gastrointestinal
- *Motility, risk for dysfunctional gastrointestinal
- Urinary elimination, readiness for enhanced
- Urinary elimination, impaired
- Urinary incontinence, functional
- Urinary incontinence, overflow
- Urinary incontinence, reflux
- Urinary incontinence, stress
- Urinary incontinence, urge
- Urinary incontinence, risk for urge
- Urinary retention

**Health promotion/Education-**
- Health maintenance, ineffective
- Health management, self, ineffective
- Health-seeking behaviors (specify)
- Immunization status, readiness for enhanced
- Knowledge deficient (specify)
- Knowledge (specify), readiness for enhanced
- Therapeutic regime management: family ineffective

**Hygiene-** ability to perform activities of daily living
- *Neglect, self
- Self care, readiness for enhanced
- Self-care deficit, feeding
- Self-care deficit, bathing
- Self-care deficit, dressing
- Self-care deficit, toileting

**Life Principles-**
- *Activity planning, ineffective
- Decisional conflict
- Decision making, readiness for enhanced
- Moral distress
- Noncompliance (specify)
- Hope, readiness for enhanced
- Hopelessness
- Religiosity, impaired
- Religiosity, readiness for enhanced
- Religiosity, risk for impaired
- Spiritual distress
- Spiritual distress, risk of
- Spiritual well being, readiness for enhanced

**Neurosensoryst-** ability to perceive, integrate and respond to internal and external cues
- Autonomic dysreflexia
- Autonomic dysreflexia, risk for
- Communication, impaired verbal
- Communication, readiness for enhanced
- Confusion, acute
- Confusion, acute, risk for
- Confusion, chronic
- Environmental interpretation syndrome, impaired
- Infant behavior, disorganized
- Infant behavior, disorganized, risk for
- Infant behavior, organized, readiness for enhanced
- Intracranial adaptive capacity, decreased
- Memory, impaired
- Neurovascular dysfunction, peripheral risk for
- Sensory perception disturbed (specify): visual, auditory, kinesthetic, gustatory, tactile, olfactory
- Unilateral neglect

**Pain/discomfort-** ability to control internal/external environment to maintain comfort
- *Comfort, impaired
- Comfort, readiness for enhanced
- Pain, acute
- Pain, chronic

**Respiration-** ability to provide and use oxygen to meet physiological needs
- Airway clearance, ineffective
- Aspiration, risk for
- Breathing pattern, ineffective
- Gas exchange, impaired
- Spontaneous ventilation, impaired
- Ventilatory weaning response, dysfunctional (DVWR)

**Safety-** ability to provide safe, growth-promoting environment
- Body temperature, imbalanced, risk for
- Contamination
- Contamination, risk for
- Falls, risk for
- Home maintenance, ineffective
- Hypothermia
- Hypothermia
- Infection, risk for
- Injury, risk for
- *Maternal/fetal dyad, risk disturbed
- Latex allergy response
- Latex allergy response, risk for
- Perioperative positioning injury, risk for
- Poisoning, risk for
- Protection, ineffective
- Self mutilation
- Self mutilation, risk for
- Skin integrity, impaired
- Skin integrity, impaired, risk for
- Sudden infant death syndrome, risk for
- Suffocation, risk for
- Suicide, risk for
- Surgical recovery, delayed
- Thermoregulation, ineffective
- Tissue integrity, impaired
- Trauma, risk for
- *Trauma, risk for vascular
- Violence, self-directed risk for
- Violence, other-directed, risk for
- Wandering

**Sexuality (component of ego integrity and social interaction)-** ability to meet requirements/characteristics of male/female role
- *Childbearing process, readiness for enhanced
- Sexual dysfunction
- Sexuality patterns, ineffective

**Social Interaction-** ability to establish and maintain relationships
- Attachment, parent/infant/child, risk for impaired
- Care giver role strain
- Care giver role strain, risk for
- Family processes, dysfunctional
- Family processes, interrupted
- Family processes, readiness for enhanced
- Loneliness, risk for
- Parenting, impaired
- Parenting, readiness for enhanced
- Patenting, risk for impaired
- *Relationships, readiness for enhanced
- Role conflict, parental
- Role performance, ineffective
- Social interaction, impaired
- Social isolation
Relocation stress syndrome: physiological and/or psychological disturbances that result from transfer from one environment to another.

Resilience, impaired individual: decreased ability to sustain a pattern of positive responses to an adverse situation or crisis.

Resilience, readiness for enhanced: a pattern of positive responses to an adverse situation or crisis that can be strengthened to optimize human potential.

Self-esteem, chronic low: long-standing negative self-evaluations/feelings about self or self-capabilities.

Self-esteem, situational low: development of a negative perception of self-worth in response to a current situation.

Self-esteem, situational low: at risk for developing negative perception of self-worth in response to a current situation.

Sorrow, chronic: cyclical, recurring and potentially progressive pattern of pervasive sadness that is experienced (by parent, or caregiver, or individual with chronic illness or disability) in response to continual loss throughout the trajectory of an illness or disability.
Urinary incontinence, urge: involuntary passage of urine occurring soon after strong sense of urgency to void

Urinary incontinence, risk for urge: at risk for involuntary loss of urine associated with a sudden, strong sensation or urinary urgency

Urinary retention: incomplete emptying of the bladder

Infant feeding pattern, ineffective: impaired ability to suck or coordinate the suck-swallow response resulting in inadequate oral nutrition for metabolic needs

Nutrition: imbalanced, less than body requirements: intake of nutrients insufficient to meet metabolic needs

Nutrition: imbalanced, more than body requirements: intake of nutrients that exceeds metabolic needs

Food/fluid breastfeeding, effective: mother-infant dyad/family exhibits adequate proficiency and satisfaction with the breastfeeding process

Breastfeeding, ineffective: dissatisfaction or difficulty a mother, infant or child experiences with the breastfeeding process

Breastfeeding, interrupted: break in the continuity of the breastfeeding process as a result of inability or inadvisability to put baby to breast for feeding

Electrolyte imbalance, risk for: at risk for change in serum electrolyte levels that may compromise health

Failure to thrive, adult: progressive functional deterioration of a physical and cognitive nature. The individual's ability to live with multisystem diseases, cope with ensuring problems and manage his/her care is remarkably diminished

Fluid volume, readiness for enhanced: a pattern of equilibrium between fluid volume and chemical composition of body fluids that is sufficient for meeting physical needs and can be strengthened

Growth and development, delayed: deviations from age-group norms

Health and promotion/education: Health maintenance, ineffective: inability to identify, manage, or seek out help to maintain health

Health management, self, ineffective: pattern of regulating and integrating into daily living a therapeutic regime for treatment of illness and its sequelae that is unsatisfactory for meeting specific health goals

Health-seeking behaviors (specify): active seeking (by individual in stable health) of ways to alter personal health habits and/or environment to move toward higher level of health

Immunization status, readiness for enhanced: a pattern of conforming to local, national, and/or international standards of immunization to prevent infectious disease/s that is sufficient to protect a person, family or community and can be strengthened

Knowledge deficient (specify): absence or deficiency of cognitive information related to a specific topic

Knowledge (specify), readiness for enhanced: the presence or acquisition of cognitive information related to a specific topic is sufficient for meeting health-related goals and can be strengthened

Therapeutic regime management: family ineffective: pattern of regulating and integrating into family processes a program for treatment of illness and its sequelae that is unsatisfactory for meeting specific health goals

Hygiene

Nutrition: imbalanced, less than body requirements: intake of nutrients insufficient to meet metabolic needs

Nutrition: imbalanced, more than body requirements: intake of nutrients that exceeds metabolic needs

Fluid volume, readiness for enhanced: a pattern of equilibrium between fluid volume and chemical composition of body fluids that is sufficient for meeting physical needs and can be strengthened

Growth and development, delayed: deviations from age-group norms

Health and promotion/education: Health maintenance, ineffective: inability to identify, manage, or seek out help to maintain health

Health management, self, ineffective: pattern of regulating and integrating into daily living a therapeutic regime for treatment of illness and its sequelae that is unsatisfactory for meeting specific health goals

Health-seeking behaviors (specify): active seeking (by individual in stable health) of ways to alter personal health habits and/or environment to move toward higher level of health

Immunization status, readiness for enhanced: a pattern of conforming to local, national, and/or international standards of immunization to prevent infectious disease/s that is sufficient to protect a person, family or community and can be strengthened

Knowledge deficient (specify): absence or deficiency of cognitive information related to a specific topic

Knowledge (specify), readiness for enhanced: the presence or acquisition of cognitive information related to a specific topic is sufficient for meeting health-related goals and can be strengthened

Therapeutic regime management: family ineffective: pattern of regulating and integrating into family processes a program for treatment of illness and its sequelae that is unsatisfactory for meeting specific health goals

Hygiene

Neglect, self: a constellation of culturally framed behaviors involving one or more self-care activities in which there is a failure to maintain a socially acceptable standard of health and well-being

Self care, readiness for enhanced: a pattern of performing activities for oneself that helps to meet health-related goals and can be strengthened

Self-care deficit, feeding: impaired ability to perform or complete feeding activities

Self-care deficit, bathing: impaired ability to perform or complete bathing/hygiene activities for self

Self-care deficit, dressing: impaired ability to perform or complete dressing and grooming activities for self

Life principles

*Activity planning, ineffective: inability to prepare for a set of actions fixed in time and under certain conditions

Decision making, readiness for enhanced: a pattern choosing courses of action that is sufficient for meeting short and long-term health-related goals and can be strengthened

Moral distress: response to the inability to carry out one’s chosen ethical/moral decision/action

Noncompliance (specify): behavior of person and/or caregiver that fails to coincide with a health-promoting or therapeutic plan agreed on by the person (and/or family and/or community) and health care professional; in the presence of an agreed-on, health promoting, or therapeutic plan, person’s or caregiver’s behavior is fully or partially nonadherent and may lead to clinically ineffective or partially ineffective outcomes

Hope, readiness for enhanced: a pattern of expectations and desires that is sufficient for mobilizing energy on one’s own behalf and can be strengthened

Hopelessness: subjective state in which individual sees limited or unavailable alternatives or personal choices and is unable to mobilize energy for problem solving on his or her own behalf

Religiosity, impaired: impaired ability to exercise reliance on beliefs and/or participate in rituals of a particular faith tradition
Religiosity, readiness for enhanced: ability to increase reliance on religious beliefs and/or participate in rituals of a particular faith tradition

Religiosity, risk for impaired: at risk for an impaired ability to exercise reliance on beliefs and/or participate in rituals of a particular faith tradition

Spiritual distress: impaired ability to experience and integrate meaning and purpose in life through the individual’s connectedness with self, others, art, music, literature, nature or a power greater than oneself

Spiritual distress, risk of: at risk for an impaired ability to experience and integrate meaning and purpose in life through the individual’s connectedness with self, others, art, music, literature, nature or a power greater than oneself that can be strengthened

Neuro

Autonomic dysrexia: life threatening, uninhibited sympathetic response of the nervous system to a noxious stimulus after spinal cord injury at T7 or above

Autonomic dysreflexia, risk for: at risk for life threatening, uninhibited response of the sympathetic nervous system; post-spinal shock; in an individual with spinal cord injury at T6 or above (has been demonstrated in clients with injuries at T7 or T8)

Communication, impaired verbal: decreased, delayed or absent ability to receive, process, transmit, and use a system of symbols

Communication, readiness for enhanced: pattern of exchanging information and ideas with others that is sufficient for meeting one’s needs and life’s goals and can be strengthened

Confusion, acute: abrupt onset of reversible disturbances of consciousness, attention, cognition and perception that develop over a short period of time

Confusion, acute, risk for: at risk for reversible disturbances of consciousness, attention, cognition, and perception that develop over a short period of time

Confusion, chronic: irreversible, long-standing, and/or progressive deterioration of intellect and personality characterized by decreased ability to interpret environmental stimuli and decreased capacity for intellectual thought processes, and manifested by disturbances of memory, orientation, and behavior

Environmental interpretation syndrome, impaired: consistent lack of orientation to time/place/person/circumstances over more than 3-6 months necessitating a protective environment

Infant behavior, disorganized: disintegrated physiological and neurobehavioral responses to the environment

Infant behavior, disorganized, risk for: risk for alteration in integrating and modulation of the physiological and behavioral systems of functioning (i.e. autonomic, motor, state, organization, self-regulatory, and attentional-interactional systems)

Infant behavior, organized, readiness for enhanced: a pattern of modulation of the physiological and behavioral systems of functioning (i.e. autonomic, motor, state, organization, self-regulatory, and attentional-interactional systems) in an infant that is satisfactory but that can be improved

Intracranial adaptation capacity, decreased: intracranial fluid dynamic mechanisms that normally compensate for increases in intracranial volumes are compromised, resulting in repeated disproportionate increases in intracranial pressure (ICP) in response to a variety of noxious and nonnoxious stimuli

Memory, impaired: inability to remember or recall bits of information or behavioral skills

Neurovascular dysfunction, peripheral risk for: at risk of disruption in circulation, sensation or motion of an extremity

Sensory perception, disturbed (auditory, gustatory, kinesthetic, olfactory, tactile, visual): change in the amount or patterning of incoming stimuli accompanied by an impaired response to such stimuli (auditory-hearing) (gustatory-taste) (kinesthetic-muscle sense) (olfactory-smell) (tactile-touch) (visual-see)

Unilateral neglect: impaired sensory and motor response, mental representation and spatial attention of the body, and the corresponding environment characterized by inattention to one side and over attention to the opposite side. Left side neglect is more severe than persistent right side neglect

Pain/discomfort

*Comfort, impaired: perceived lack of ease, relief and transcendence in physical, psychospiritual, environmental and social dimensions

Comfort, readiness for enhanced: a pattern of ease, relief and transcendence in physical, psychospiritual environmental and/or social dimensions that can be strengthened

Pain, acute: unpleasant sensory and emotional experience arising from actual or potential tissue damage or described in terms of such damage; sudden or slow onset of any intensity from mild to severe, with anticipated or predictable end and a duration of less than 6 months

Pain, chronic: unpleasant sensory and emotional experience arising from actual or potential tissue damage or described in terms of such damage; sudden or slow onset of any intensity from mild to severe, constant or recurring without an anticipated or predictable end and a duration of more than 6 months

Respiration

Airway clearance, ineffective: inability to clear secretions or obstructions from the respiratory tract to maintain a clear airway

Aspiration, risk for: at risk for entry of gastrointestinal secretions, oropharyngeal secretions, solids or fluids into the tracheobronchial passages

Breathing pattern, ineffective: inspiration and/or expiration that does not provide adequate ventilation

Gas exchange, impaired: excess or deficit in oxygenation and/or carbon dioxide elimination at the alveolar-capillary membrane

Spontaneous ventilation, impaired: decreased energy reserve result in an individual’s ability to maintain breathing adequate to support life

Ventilatory weaning response, dysfunctional (DVWR): inability to adjust to lowered levels of mechanical ventilator support that interrupts and prolongs the weaning process

Safety

Body temperature, imbalanced, risk for: at risk for failure to maintain body temperature within normal range

Contamination: exposure to environmental contaminants in doses sufficient to cause adverse health effects

Contamination, risk for: at risk of exposure to environmental contaminants in doses sufficient to cause adverse health effects

Falls, risk for: increased susceptibility to falling that may cause physical harm

Home maintenance ineffective: inability to independently maintain a safe and growth-promoting immediate environment

Hyperthermia: body temperature elevated above normal range

Hypothermia: body temperate below normal range

Infection, risk for: at increased risk for being invaded by pathogenic organisms

Injury, risk for: at risk of injury as a result of the interaction of environmental conditions interacting with the individual’s adaptive and defensive resources

*Maternal/fetal dyad, risk disturbed: at risk for disruption of symbiotic maternal/fetal dyad as a result of comorbid or pregnancy related complications

Latex allergy response: a hypersensitive reaction to natural latex rubber products

Latex allergy response, risk for: risk of hypersensitive reaction to natural latex rubber products

Perioperative positioning injury, risk for: at risk for inadvertent anatomical and physical changes as a result of posture or equipment used during an invasive/surgical procedure

Poisoning, risk for: accentuated risk for accidental exposure to, or ingestion of, drugs or dangerous products in doses sufficient to cause poisoning

Protection, ineffective: deceased in the ability to guard self from internal or external threats such as illness or injury

Self mutilation: deliberate self-injurious behavior causing damage with the intent of causing on-fatal injury to attain relief of tension

Self mutilation, risk for: at risk of deliberate self-injurious behavior causing damage with the intent of causing on-fatal injury to attain relief of tension

Skin integrity, impaired: altered epidermis and/or dermis

Skin integrity, impaired, risk for: at risk for skin being adversely altered

Sudden infant death syndrome, risk for: presence of risk factors for sudden death of an infant under 1 year of age

Suffocation, risk for: accentuated risk of accidental suffocation (inadequate air available for inhalation)

Suicide, risk for: at risk for self-inflicted, life-threatening injury

Surgical recovery, delayed: extension of number of postoperative days required to initiate and perform activities that maintain life, health, and well-being

Thermoregulation, ineffective: temperature fluctuation between hypothermia and hyperthermia

Tissue integrity, impaired: damage to mucous membrane, corneal, integumentary or subcutaneous tissue
Trauma, risk for: accentuated risk of accidental tissue injury (e.g., wound, burn, fracture)

*Trauma, risk for vascular: at risk for damage to a vein and its surrounding tissues related to the presence of a catheter and/or infused solutions

Violence, self-directed risk for: at risk for behaviors in which an individual demonstrates that he or she can be physically, emotionally, and/or sexually harmful to self

Violence, other-directed, risk for: at risk for behaviors in which an individual demonstrates that he or she can be physically, emotionally, and/or sexually harmful to others

Wandering: meandering, aimless or repetitive locomotion that exposes the individual to harm; frequency incongruent with boundaries, limits or obstacles

Sexuality (component of ego integrity and Social interaction)

*Childbearing process, readiness for enhanced: a pattern of preparing for, maintaining and strengthening a healthy pregnancy an childbirth process and care of newborn

Sexual dysfunction: the state in which an individual experiences a change in sexual function during sexual response phases of desire, excitation, and/or orgasm, which is viewed as unsatisfying, unrewarding, inadequate

Sexuality patterns, ineffective: expressions of concern regarding own sexuality

Social Interaction

Attachment, parent/infant/child, risk for impaired: disruption of the interactive process between parent/significant other and infant/child that fosters the development of a protective and nurturing reciprocal relationship

Care giver role strain: difficulty in performing family caregiver role

Care giver role strain, risk for: caregiver is vulnerable for felt difficulty in performing family caregiver role

Family processes, dysfunctional: psychosocial, spiritual and physiological functions of the family unit are chronically disorganized, which leads to conflict, denial of problems, resistance to change, ineffective problem solving and a series of self-perpetuating crises

Family processes, interrupted: change in family relationships and/or functioning

Family processes, readiness for enhanced: a pattern of family functioning that is sufficient to support the well-being of family members and can be strengthened

Loneliness, risk for: at risk of experiencing discomfort associated with a desire or need for more contact with others

Parenting, impaired: inability of primary caretaker to create, maintain or regain an environment that promotes optimum growth and development of the child

Parenting, readiness for enhanced: pattern of providing environment for children or other dependent person/s that is sufficient to nurture growth and development and can be strengthened

Parenting, risk for impaired: risk for inability of primary caretaker to create, maintain, or regain an environment that promotes optimum growth and development of the child

*Relationships, readiness for enhanced: a pattern of mutual partnership that is sufficient to provide each other’s needs and can be strengthened

Role conflict, parental: parent experience of role confusion and role in response to crisis

Role performance, ineffective: patterns of behavior and self-expression that do not match the environmental context, norms and expectations

Social interaction, impaired: insufficient or excessive quantity or ineffective quality of social exchange

Social isolation: aloneness experienced by the individual and perceived as imposed by others and as a negative or threatened state

Readiness to enhance = willingness to strengthen or improve