Influence of family centered care program on adherence of therapeutic regime on stroke patient

Thesis for received master degree in medical surgical nursing

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Abstract

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Background: Stroke due to physical and mental disorder cause to disability in self care and adherence of therapeutic regime in patient and non adherence of therapeutic regime is the most important problem to the recovery of stroke patient. The members of patient’s family are their main caregiver in home. So, the purpose of this research is recognizing Influence of family centered care program on adherence of therapeutic regime on stroke patient.

Method: This research is based on non random clinical trial method and conducted on stroke patients’ and their family caregivers with intervention(∩) and comparison(∩) group. Sampling done in two hospital with blocking method. During of study for each sample was seven month. Comparison group received routine hospital program and intervention group received family center cared program. Data collected with demographic and adherence of therapeutic regime questionnaire. Data analyzed by Spss V.21 by Fisher exact test, T test, X² and colmogrove smirnove test.

Results: the results indicated that difference was significant in adherence of therapeutic whole regime and rehabilitation, diet and drug regime in intervention and comparison group (P≤0.05).

Conclusion: According to research results and the effectiveness of the family centered care program on stroke patient. So, for the sake of main role of family caregivers for curing the stroke patient, the nurses should be able empower the family caregivers in curing to decrease physical and psychological disorders related to stroke patients.

Key Words: stroke, Family centered care, adherence of therapeutic regime.