Tehran University of Medical Sciences
Faculty of Nursing and Midwifery

The impact of an educational program based on BASNEF model to choose contraceptive methods in women.

Supervisor: Behboodi Moghadam Zahra
Advisor: Jamshidimanesh Mansoorieh and Saffari Mohsen
Statistics Advisor: Hoseini Mostafa

Sarayloo Khadijah

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Abstract

Title: The impact of an educational program based on BASNEF model to choose contraceptive methods in women.

Background: The quality of Service, the appointment of the target groups and educate them, is the most important success factors in the implementation of family planning programs. In order to improve the quality of services providing, access to a variety of contraceptive methods and equipment, and the provision of advisory services and cultural sensitivity is important. Due to the application of theories and models of health education, the purpose of this study was Review of the use of contraceptive methods and factors affecting the structures BASNEF women in an Iranian setting.

Design and methods: This quasi-experimental study was carried out with the participation of 200 women without using any contraceptive methods or following the withdrawal that come to (visit) Urban health centers in Minoodasht, were interviewed using the BASNEF questionnaire. Random sampling was continuous and Statistical methods Instructions were given in four sessions on the basis of BASNEF model and behavioral objectives to The women and one session for their family. Eventually, the collected data were analyzed by using statistical tests.

Results: Mean scores of knowledge, attitude, enabling factors and subjective norms in the intervention group before and after education showed a significant difference in comparison with control group (p<0.0001).

Conclusions: Model-based education has positive impacts on behavior improvements. Thus, in health programs instead of applying traditional instructions, applying planned education programs based on health education models that have measurable and reliable effects is suggested.

Key word: BASNEF model, Contraceptive method, Withdrawal.