

دانشگاه علوم پزشکی تهران دانشکده پرستاری و مامایی

## عنوان:

مقایسه دیدگاه بیماران، ملاقات کنندگان و پرستاران درباره ملاقات در بخش های مراقبت ویژه قلبی بیمارستان های منتخب دانشگاه علوم پزشکی تهران سال ۱۳۹۰

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## **Abstract**

**Background & Aim:** Environmental monitoring means creating a healing environment in the ICU by influence the healthcare environment by varying the patient's visual perspective, utilizing color and natural light more effectively and eliminating excessive noise and provide social supports. Social support includes emotional and instrumental support provided by family and friends that is influential in a critical care patient's recovery. Always visiting time in ICU, issue of the medical staff, patients and visitors, and often the attitudes and preferences of health workers in these wards will depend.

The aim of this study is comparison nurses, patients and visitors viewpoint about visiting in coronary care unit

**Methods & Materials:** In this Comparative-Sectional study,  $15 \cdot$  CCU in-patient,  $15 \cdot$  visitors and  $15 \cdot$  nurses whom worked in this units went under study. The researcher went to chosen health care centers in Tehran and chooses the patients who had the standards for the study and with their approval signed them in for the study as sample. In this research with use of information questionnaire for patients, visitors and nurses based on "BAVIQ" study the information collected. This tool includes  $15 \cdot$  questions and their opinion on visiting in CCU.  $15 \cdot$  items of this questionnaire based on likret's scale and two open questions. The results analyzed by descriptive and inferential methods by spss ver  $15 \cdot$  10.

**Results:** Results showed that the viewpoints of patients, nurses and visitors, there are significant differences about visit ( $P < \sqrt{\cdot \cdot \cdot}$ ). Most agreement with the CCU visit was seen in the group of patients and visitors. Despite the positive viewpoints of nurses about the visits impact on patients and their families, visiting with planning and implementing nursing interventions considered detrimental and opposed.

**Conclusion:** CCU nurses have rather negative viewpoints toward visiting and open visiting policy that hamper emotional needs of patients and their families. The study found that patients and family members/friends preferred extended visiting time and perceived this as beneficial to them, while the majority of the nurses preferred scheduled visiting time.

**Key Words:** Viewpoint about visiting, CCU visiting, Visitor to Patient, Nurse, Patient